

Unit 7 Critical incident management Scenario.

Helpless Helen:

Your group of 12 experienced walkers set off on the first day of a multi day through walk interstate. You are staying at three different base camps and each day you are going to walk the long distance track using a combination of public transport and car shuffles to get to and from your bases.

The first day starts in an outer suburban setting and you travel to the start by public transport.

The weather is fine and sunny, no wind and everyone is in good spirits. You find the start of the track and set off, quickly leaving the small village behind and entering a thickly wooded area. There appears to be no human habitation around. The track is single file and a bit rough with some loose stones.

After about an hour you suddenly hear someone call out behind you “Quickly, Helen is hurt”. You turn around from leading and a few metres back you find Helen sitting on the track holding her leg. She seems quite composed but says very apologetically “I’m sorry but I think I have broken my leg.” You take a glance at her leg and see that it has an awkward “S” bend in the lower leg. It is obviously broken.

List all the steps you must take in order to manage this emergency.