

Guide: Training Resources

Online Leader Trainer Guide

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Resources developed by Bushwalking Victoria (BWV) under a grant from
the Victorian State Government

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Introduction

BWV has for many years provided training for bushwalking club leaders and potential leaders. The newly developed online material is designed to enable much wider use than has been possible with limited face to face sessions.

This online self-guided material has been written by a group of experienced bushwalking leaders using the material used in BWV face-to-face training. That training material was itself developed by a different group of experienced bushwalkers! In total more than 25 bushwalking leaders, as volunteers, have been involved in writing these materials.

Funding for professional web design and editing was obtained as a grant from the Victorian State Government, to promote safe and healthy outdoor recreation. BWV acknowledges the support of the Victorian Government, and appreciates the many hours generously given by members of the development groups over several years. The formal launch of this completed project enables all BWV clubs to access the materials easily. A formal evaluation will be conducted after about 12–18 months of use. BWV will ensure that members have opportunities for comment and input into the evaluation.

Purpose

This guide is aimed at 3 different users. It is designed for use by:

- individual bushwalkers
- small club groups
- large club groups.

Each user group will find material to suit their needs. This training material is intended to be used over some time, or across several/many sessions. It is not intended for use all at once, in one session! This guide can help you to decide what you need, as an individual or a club, and how to work with the training materials.

How to use this guide

This guide gives an overview of the resources available to any member of BWV. This may be:

- individual members of BWV
- individual club members who are or want to be leaders (and who may be guided by club walks coordinators or similar)
- club trainers planning to run group training sessions for existing and potential leaders.

The different users will be guided by different approaches to the resources. The material has a wide scope and covers almost everything. Individuals and clubs can decide what they use, and clubs choose how they deliver content to their members. It includes hints on how to present it and tailor it to circumstances for individual clubs. For example, large clubs may wish to run training as smaller groups, so they may find the suggestions for small clubs useful.

Where do you find it?

The BWV webpage bushwalkingvictoria.org.au has a link to the Member Portal in the top right-hand corner, as shown here.



All clubs should have one person (usually the secretary) who has a login and password for this portal, which allows them to edit their own club's entry on the BWV site.

This person (owner of the login credentials) can also create Group (or Umbrella) memberships for up to 20 club members, allowing them access to the Leader Training resources. They can request more than 20 memberships if required, and can also delete members and add new ones at any time.

Contact admin@bushwalkingvictoria.org.au for help with portal login and the group membership creation process.

Overview of available materials

There are 8 modules in total. They are:

Module 1 Leadership Basics

Module 2 Planning & Administration

Module 3 Risk Management

Module 4 Conducting the Walk

Module 5 Map Reading

Module 6 Navigation

Module 7 Incident Management

Module 8 Base Camps & Pack Carries.

You choose which modules to complete or to teach in your club, and when.

You don't need to undertake all modules.

Some of the modules group together logically.

Some modules require you to have particular maps or other materials ready to use.

Modules have a similar organisation of information.

Modules have helpful information.

What you will find in each module

- An overview of the module
 - A PowerPoint presentation, as used in BWV training courses, especially for cubs to use or adapt
 - Trainers' notes to accompany the PowerPoint presentation
 - Handbook for the topic, which may be printed for each participant
 - Activities to help participants understand the information
 - Activities that support participants in discussing and joining with others to manage scenarios of real situations
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- Targeted links to information from the BWV online Bushwalking Manual

Note well – you may wish to customise the material for your club specifically. This is an excellent plan. YOU MUST ACKNOWLEDGE THE BWV COPYRIGHT if you do this.

Some modules have targeted links to further information or useful resources. These links offer important information or connections to important sources that walk leaders will often access. The number of links has been minimised to prevent frustration when links don't work, but the sources linked are valuable, reliable, and a source of sound information.

Grouping modules

The modules are each self-contained single training modules. Some of them fit together logically to create training options for clubs and individuals; they are “bite-size” and not as daunting to work through or run.

Individuals may want to work through all modules as presented, or to focus on particular aspects only.

Clubs may wish to offer every module as a whole program, or to focus on particular modules. How your club wants to offer and run training using these modules is flexible, and entirely the club's choice.

Some possible combinations are:

- Module 1 Leadership Basics + Module 2 Planning & Administration + Module 3 Risk Management
- Module 4 Conducting the Walk + Module 7 Incident Management
- Module 5 Map Reading + Module 6 Navigation
- Module 8 Base Camps & Pack Carries.

Another option for Modules 1, 2, and 3 for clubs could be:

- Module 1 Leadership Basics. Run this as a short introductory session for many prospective leaders.

Then offer the following together to support new leaders committing to leading walks:

- Module 2 Planning & Administration + Module 3 Risk Management.

Planning a training session for yourself

- Allow yourself enough time to get to know the materials.
- Begin with one or two aspects that particularly interest you.
- Consider enlisting a bushwalking friend who could be a study-buddy, with whom you can discuss ideas and explore activities.
- Give yourself time to read information, reflect on the material, and then re-read to ensure that you feel confident with what you have learnt.

Suggestions for individual needs

The options for how you choose to use the material presented here are wide-ranging (see Table 1).

Table 1. Combining modules for individual study.

Aims when Using this Material as an Individual	Possible Modules Combined
To make you feel ready to lead a bushwalk for others To extend yourself as a bushwalker, or as a leader to improve leadership skills To update your leadership knowledge and consider own practices	Module 1 Leadership Basics + Module 2 Planning & Administration + Module 3 Risk Management
To support you as leader in your leadership practice To reflect on and update your own skills and leadership capacity	Module 4 Conducting the Walk + Module 7 Incident Management
To take the opportunity to learn specific skills To use this training to increase personal skill levels	Module 5 Map Reading + Module 6 Navigation
To extend your leadership to multi-day activities	Module 8 Base Camps & Pack Carries

Plan a training session for your club – General considerations

Consider these aspects:

- Who will you be training?
- Why are you training them?
- What do you hope they will learn? What do they wish to learn?
- How do you plan to organise and run the training?
- What will you need, to be able to conduct the training?

Consider your training team:

- Will you create a small team?
- How will you work together?

- How might you divide the tasks?
- How can you best use the expertise and abilities of your team?

Suggestions for club needs

The options for how your club chooses to use the material presented here are wide-ranging (see Table 2).

Table 2. Suggested ways to meet audience or club needs.

Aims for Supporting Leadership Needs	Possible Modules Combined
<p>To encourage potential new leaders to take on walk leader positions in the club</p> <p>To provide essential support for recent new leaders in improving leadership skills</p> <p>To encourage all current leaders to update their knowledge and consider their own practices</p>	<p>Module 1 Leadership Basics + Module 2 Planning & Administration + Module 3 Risk Management</p>
<p>To provide essential support for new and recent leaders in their leadership practice</p> <p>To encourage existing leaders to reflect on and update their skills and leadership capacity</p>	<p>Module 4 Conducting the Walk + Module 7 Incident Management</p>
<p>To offer all club members the opportunity to learn these skills</p> <p>To focus this training on prospective, recent, and existing leaders to increase skill levels</p>	<p>Module 5 Map Reading + Module 6 Navigation</p>
<p>To encourage current leaders to lead multi-day activities</p>	<p>Module 8 Base Camps & Pack Carries</p>

Planning a training session for a small club, or small group within a club

The trainer needs to have prepared thoroughly, as for the larger group; see above. They will need to choose how to access the BWV online material, and how to use it with their small group.

Where will you run a course?

- The venue options are wide if the group is smaller. A venue with built-in projector and Wi-Fi internet connectivity for all participants would be ideal.
- An online meeting is possible with a smaller group, using a suitable app to allow all to meet together. For screen-sharing information with participants, a tablet or computer is better than a phone.
- Small groups also have more options for having participants read the materials by themselves, then join together in a scheduled online meeting for discussion of the materials read.

Planning a training session for a large club group

As well as the considerations listed, you will also need to organise many things for a large group.

What the trainer needs to do

- Prepare— make sure you have thoroughly read and or completed the online course.
- Disseminate material:
 - digital projector OR
 - capacity to print OR
 - individuals/pairs use own internet-connected devices.
- Choose whether or not to personalise the BWV materials for your own club, with required BWV acknowledgement.

Where will you run a course?

A spacious venue with built-in projector and Wi-Fi internet connectivity for all participants would be ideal.

- Variations of this, such as mobile hotspot connections, shared devices, printed materials, are all possible.
- Suitable venues include local libraries with meeting rooms, schools, church halls, and council or community centres.

Considerations about knowing your audience for club training

Every club is different, and each (potential) leader in your club is unique. You choose what you teach, how you use this material, and how you conduct your club's training.

Will you focus on a particular group, or aim more broadly?

- Particular club members may be considered for training, or you may open it widely.
- Any active walk leader is likely to refresh their understanding while gaining further insight from the discussion of the scenario. Their contributions to group discussion would also be valuable.
- Club mentors would benefit from understanding the material, and could give support in guiding new leaders.
- Some experienced members may be sought to assist with the session, helping to encourage members to participate. This also helps to give participants extra support for the practical activities. Involving others with running the training is highly recommended.
- Your club may have a system of approving walk leaders for different categories of walk, so Module 8 Base Camps & Pack Carriers enables the club to train leaders to step up to a higher level. Regeneration of leaders could be a goal for clubs in offering this module.

How will you encourage and prepare for using club members' own experiences as a way of learning?

- Draw upon the experiences of your participants as much as possible. Participants' own incidents and stories are rich learning resources.
 - Aim to work with the group's experiences to overcome hesitation.
 - Try to encourage people to talk about their own bushwalking experience and to think about what motivates them to lead others.
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- Be aware of any incidents within your club that may be raised in discussion, as they may trigger an unwanted stress response. Consider your options for managing discussion of these.
- Take care if experiences offered for discussion are too negative, while still appreciating that others' experiences offer great learning.
- Consider pairing members of the group in a deliberate way, aiming at mixing different experience levels to encourage learning from each other.

How might you aim to support an ethos of learning within the club?

- Any theory presented is to assist in this, to encourage participants' discussion and reflection on their experiences of leadership.
- Theory should not dominate any session.
- Ideally, potential leaders should have completed Module 4 Conducting the Walk before leading their first walk.
- The activities in Module 5 Map Reading, are suitable for all club members, not just potential or new leaders. This is great for offering to all members, to support the ethos of learning.
- Your club members may already be encouraged to use maps on club walks, or you may do that before offering this module.
- Your club may have a map library that you could use for both this and Module 6 Navigation.

Quick reference section giving module-by-module details

Module 1 Leadership Basics

Aim of the module

This module will help trainees to:

- recognise different leadership styles
- reflect on their own experiences of leadership
- consider leadership issues in bushwalking contexts
- match their abilities and experience to the proposed walk.

Inside this module

For group training sessions

- PowerPoint presentation titled Leadership Basics (as used in BWV training courses).
- Trainers' notes titled Leadership Basics as a PDF.

For training participants and individual leaders

- Handbook: Leadership Basics, as a PDF.
- Targeted links to BWV Bushwalking Manual online; topics covered: Overview of bushwalking leadership, both formal and informal; Learning to be a bushwalking leader; Leadership skills and attributes; Delegation.
- Printed information on: Understanding group needs; Review of leadership theories; Power and influence; Leadership ethics; Delegation; Dealing with conflict; Problem solving; and more.
- Participant activity 1 – Being a leader (covers walk scenarios) – Watch and learn.

This activity shows 7 bushwalking situations, using stylised people drawn over bushwalking photographs. The situations are very common, and most people will have experienced similar situations. You are asked to rate the leader's actions as good, or could do better. You receive immediate feedback.

- Participant activity 2 – Choose the main leadership needs for the scenario.

Remember, no one person can do everything. This activity may guide your thinking in this direction.

This activity lists 24 leadership traits in categories of personal, interpersonal, fitness/experience, and skills. It describes 4 different types of walks. You are asked to select traits you consider to be needed for and most relevant to each of the walks described. You receive immediate feedback, comparing your choices with the traits selected by a panel of experienced walk leaders.

For people who are not yet leading walks, you can consider which attributes you like and or dislike from leaders with whom you have walked so far.

End of the module

Key points

- Remember that you do not become an effective leader all at once. Build up your experience, talk to other leaders, and improve as you go.
- Choose a walk that suits your personal interests, abilities, and experience. Your first walk as a leader should be well within your personal capability, allowing you to concentrate on leadership.
- Consider what you know about the personalities and abilities of the members of your group.
- Be ready to adapt the walk to cater for participants and conditions.
- Be decisive in cases of dispute or emergency.
- Take pride in your ability to lead a fulfilling outdoor experience for the group.

The wealth of available information on leadership can guide you in your learning as you progress.

How deeply you wish to learn about leadership is your own choice.

Module 2 Planning & Administration

Aim of the module

This module will help trainees to:

- choose a walk to lead
- access information about the walk
- plan and conduct a walk preview
- understand and implement their club's administration procedures.

Inside this module

For group training sessions

- PowerPoint presentation titled Planning (as used in BWV training courses).
- Trainers' notes titled Presenting: Planning, as a PDF.

For training participants and individual leaders

- Handbook: Planning, as a PDF.
- Handbook: Administration, as a PDF.
- Targeted links to the BWV Bushwalking Manual online, on the topics: Planning for enjoyment; Safety essentials.
- Bushwalking Victoria site, Latest News & Information > Club Resources.
- Module 2 Planning & Administration, Common questions – 3 questions often asked about planning, with pop-out answers when the question is clicked on.
- Participant activity – Steps to planning a walk.

This is a step-by-step guide to planning your walk. In the style of climbing stairs, you are shown a process of four planning steps towards leading your first walk. The four steps are: Am I ready to be a leader?; Which walk to choose?; Necessary research; Administration. Each step has further details and guidance which all leaders, experienced or not, will find useful. This can be a great regular checklist for walk leaders at any time.

End of the module

Key points

- Choose a walk that you will enjoy leading.
- Do not try to lead a walk that is at the upper limit of your own capability. You need extra energy for leadership tasks.
- Careful planning will help maximise the enjoyment of leader and participants.
- Paperwork and administrative tasks may be boring, but they are essential for the safety and enjoyment of walkers as well as the smooth running of your club.
- Make time after your first walk for a debriefing meeting with your mentor, to help you reflect on your performance.

Module 3 Risk Management

Aim of the module

This module will help trainees to:

- identify potential hazards on their walk
- assess the risk and consider the potential consequences of an incident
- anticipate and plan for likely incidents
- understand and implement their club's policies regarding risk and their legal duty of care.

Note that this module deals with risk management and contingency strategies at the walk planning stage. Further actions are covered in Module 4 Conducting the Walk and Module 7 Incident Management. Remember, you must manage risk while on the walk, and after any incident. If you've planned well, the walk itself and any incident should be easier to handle.

Inside this module

For group training sessions

- PowerPoint presentation titled Risk Management (as used in BWV training courses).
- Trainers' notes titled Presentation: Risk Management, as a PDF.

For training participants and individual leaders

- Handbook: Risk Management, as a PDF.
 - Targeted links to Bushwalking Manual online: Safety essentials; Crossing creeks; Crossing rivers; Terrain; Hot and dry conditions; Wind, rain and snow.
 - Targeted link to Bushwalking Australia Risk Management Guidelines V2.04 2016 online.
 - Learning Activity slides for Framework for assessing and managing risks on a bushwalk.
The slides detail a framework for considering risk in a bushwalking context. With information set in front of some bushwalking photographs, this activity guides walkers to consider how to manage risks for the walks they are planning.
 - Learning Activity slides for Scenario 1: Easy (level 2) walk to Tipperary Springs.
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This activity uses a popular day walk to illustrate using the framework given to assess and mitigate risks. For example, it shows how terrain, variables, and people can interact to create a risk for a particularly rainy day, where a risk may not exist for that walk in warm, dry conditions. You match the mitigation strategy to the possible incident, and you check your answers against the decisions made by an experienced walk leader. The final slide offers some questions for discussion.

- Learning Activity slides for Scenario 2: Hard (level 4) walk at the Crinoline (Mt Ligar). The information is shown in front of photographs from this walk, emphasising some of the hazards encountered. As you did with the previous activity, you match the mitigation strategy to the possible incident, and check your answers against the decisions made by an experienced walk leader. The final slide offers some questions for discussion.

End of the module

Key points

- Consider the location and features of your planned walk, as well as forecast weather conditions and the capability of your participants.
- Identify hazards, assess possible risks, and plan strategies to deal with them.
- Be prepared to revise your risk assessments as you go, and modify the walk accordingly.
- Ensure you follow the procedures and guidelines of your club.

Module 4 Conducting the Walk

Aim of the module

This module will help trainees to:

- identify necessary tasks to carry out in the days prior to the walk, before setting out to their destination, and immediately before they start walking
- select the right person to be their 'whip' or rear support person
- pace the walk to ensure an enjoyable experience for everyone
- deal with challenging walker behaviour
- conclude the day and send everyone home safely.

Inside this module

For group training sessions

- PowerPoint presentation titled Conducting the Walk (as used in BWV training courses).
- Trainers' notes titled Conducting the Walk, as a PDF.
- Handbook: Conducting the Walk, as a PDF.
- Targeted links to Bushwalking Manual online: What to do at the start of the walk (> A good start); Monitoring walkers' progress, communications and walk conditions (> People, progress and conditions); Pace, rhythm and rest stops.
- Learning Activity – Task timing & sorting activity.

This drag-&-drop sorting activity gives 5 time points for conducting a walk, with many leader actions to be placed into the appropriate time slot. Feedback is immediate, as the actions will only go into one slot.

- Learning Activity – Fred and Barney's First Walk: a choose-your-own-ending adventure story.

This activity is designed for you to try out a few different options, perhaps to have some fun seeing what could happen, and then discuss with others what you have discovered. It could take you some time to try all the options. Imagine you are in a similar situation, and you can

see that each decision point offers a range of consequences. In this activity, you get the chance to say “I’m starting again” – not usually an option on a real bushwalk!

End of the module

Key points

- Try to remember your administrative tasks, but do not stress too much. This is often the hardest part for a new leader.
- Be aware of everyone in the group. Do not become so immersed in chatting with a friend that you forget to be the leader.
- Appoint a good whip and rely on their assistance.
- If there is a temporary setback, then stop, take a deep breath, and think clearly. Do not rush into further trouble.
- Above all, you want everyone to enjoy the day!

Module 5 Map Reading

Aim of the module

This module will help trainees to:

- obtain and use a variety of maps
- interpret and extract information from map legends
- recognise different grid systems and references
- use the map scale to measure walk distances
- use map contours to picture gradients and the shape of the ground
- use a map for detailed routes and distances
- recognise the use of paper and electronic maps.

Inside this module

For group training sessions

- PowerPoint presentation titled Map Reading – Map Legends (as used in BWV training courses).
- PowerPoint presentation titled Map Reading – Grid References (as used in BWV training courses).
- Trainers' notes titled Presenting: Map Reading, as a PDF.
- Note – the PowerPoint slides and exercises used for the face-to-face BWV courses use the Bogong Alpine Area map. It is not feasible to lend the BWV class set of maps.

For training participants and individual leaders

- Handbook: Map Reading, as a PDF.
- Targeted links to Bushwalking Manual online: Printed maps; Map apps; and Digital maps.
- Learning Activity 1 Identifying map features using contour lines. Map image provided.

On the map image are 9 named common features. You enter the letter of each feature into a list, and answers are provided.

- Learning Activity 2 Picturing the route.

Use the marked map on the screen to determine route distance, elevation, and surrounding features for a proposed walk. All information needed is included in the activity. The map is a full colour topographic map.

NOTE that the 2 interactive activities in the online Map Reading module work with screens of varying sizes, because answers to the questions depend only on the distance between grid lines or the counting of contour lines, not on the actual scale of the map.

End of the module

Key points

- It is easier to read and interpret maps than many beginning walkers realise. This ability can increase your enjoyment of a walk as well as enable more variety in the walks you plan to lead.
- For leaders of easier walks on well-marked tracks, it is helpful to use a topographic map to give you an overview of the walk region (especially in case you miss a turning and wander off the marked route).
- For leaders of more difficult walks, it is essential to have access to a good topographic map, preferably in both paper and electronic forms, to cope with all eventualities.

Special notes about training needs for Module 5

Some notes apply to individual learners; all apply to small group and large group training.

- Ensure there are enough compasses for every participant to use; these may need to be borrowed from club members.
- Have a Map Reading Guide with a Romer, for every participant to use.
- Be aware that it is essential that clubs select an area familiar to them, and source their own **maps** for their chosen area – perhaps allow for one map between 2 or 3 participants.
- Note that the PowerPoint slides and exercises used in the face-to-face BWV courses use the Bogong Alpine Area map. Clubs may change the PowerPoint slides to suit the area their club selects, with full acknowledgement of BWV authorship.

- Check whether clubs have enough copies of the Bogong Alpine Area map among their members. The guide to obtaining maps from Vicmap is in the Printed Information section of Module 5, or clubs can source maps from their own (or members') collections.
- Have knowledgeable assistants for group training of this module as this would support the group in their activities.

Module 6 Navigation

Aim of the module

This module will help trainees to:

- use a hand-held compass to identify directions in the bush
- understand the difference between grid north and magnetic north
- orient a paper map with their surrounds using visible features and a compass
- confirm that their actual walking direction matches the desired route
- navigate an off-track route
- navigate in poor visibility
- use a phone app to locate their current position on a map.

Inside this module

For group training sessions

- PowerPoint presentation titled Navigation (as used in BWV training courses).
- Trainers' notes titled Presenting: Navigation, as a PDF.

For training participants and individual leaders

- Handbook: Navigation, as a PDF.
- Targeted links to Bushwalking Manual online: Map and compass basics; Navigation techniques; Navigating in difficult conditions; Mobile phone navigation.
- Targeted link to Silva Global online: Plotting a course; How to Navigate; Easy as 1-2-3; Using a map and a compass.
- Targeted link to OS GetOutside – A beginners guide to the compass.
- Video: How to take a compass bearing on Vimeo.
- Targeted links to National Parks Association of NSW.
- Common questions – 4 questions often asked about navigation, with pop-out answers when the question is clicked.

- There is no Learning Activity online for this module.

You have to try navigation in a real place, with real equipment. You need to be in a safe and contained bush location, where there are natural boundaries so you cannot go astray.

End of the module

Key points

- Even a basic understanding of compass use can help you decide which way to go if you are unsure at a track junction, or in wet or foggy conditions.
- Navigation strategies should include a combination of paper map reading, GPS location and digital maps, compass use, and common sense.
- Compass navigation should be practised on easier walks, for example, on a short off-track section to gain confidence in your ability.
- On longer and more difficult walks, it is essential that both the leader and some other members of the party have good navigation skills.

Special notes about training needs for Module 6

Some notes apply to individual learners, but all apply to small group and large group training.

- Having some experienced navigators to assist you for this activity will help. Ensure that, if they are not joining the theory sessions, they have already undertaken the online course. This ensures consistency in support and information.
- Having access to a safe and contained bush location, where there are natural boundaries so people cannot go astray, is vital. Reiterate the boundaries so everyone understands where not to go beyond.
- Giving support to individuals as they apply what they have learnt is essential. It will be intense and demanding.
- Being patient is helpful in answering questions – there will be many!
- Ensuring every person has a compass and map, if at all possible, is important.
- Choosing to pair up all or some of the group members is an option.

Module 7 Incident Management

Aim of the module

This module will help trainees to:

- respond confidently in an emergency situation
- delegate and supervise appropriate tasks
- document actions and outcomes
- communicate effectively with external help as needed.

Inside this module

For group training sessions

- PowerPoint presentation titled Incident Management (as used in BWV training courses).
- Trainers' notes titled Presenting: Incident Management, as a PDF.
- Discussion scenarios and answers, as PDFs.

For training participants and individual leaders

- Handbook: Incident Management, as a PDF.
- Targeted links to Bushwalking Manual online: Emergencies; Overview of emergency communications; If you are lost; Emergency shelters; Group member lost; First aid.
- Targeted link to Bushwalking Victoria website: Club Resources.
- Quick reminders, as buttons to click for more information:
 1. Individual walker lost
 2. Entire group lost
 3. Group overdue
 4. Injury where walker can continue
 5. Injury requiring evacuation
 6. Death.

End of the module

Key points

- Hopefully, your good risk management strategies will minimise the chance of a serious incident.
- If an incident occurs, call the group together, stay calm, take charge, and do the best you can.
- Delegate tasks to reliable group members and move others out of harm's way.
- Suggest everyone share high energy snacks and consider the welfare of the group.
- Be prepared to provide a detailed incident report to your club and to any other authorities involved.
- After the incident is resolved, take time to reflect and debrief with friends and colleagues.

Module 8 Base Camps & Pack Carries

Aim of the module

- This module assumes trainees are familiar with previous topics. It covers additional considerations for extended activities. Content is presented in two sections:
 - Base Camps, where participants stay in one place in tents or roofed accommodation and walk each day
 - Pack Carries, usually in more remote locations, where participants carry all of their requirements and walk between camp sites.
- Note: Some remote and walk-in Base Camps can be as complex as Pack Carries to lead and require very similar skills.

Inside this module

For group training sessions – Base Camps

- PowerPoint presentation titled Base Camps (as used in BWV training courses).
- Trainers' notes titled Presenting: Base Camps.

For training participants and individual leaders – Base Camps

- Handbook: Base Camps.
- Summary of Additional Considerations for Base Camps.

For group training sessions – Pack Carries

- PowerPoint presentation titled Pack Carries (as used in BWV training courses).
 - Trainers' notes titled Presenting: Pack Carries.
 - PowerPoint presentation titled Advanced Leadership.
 - Trainers' notes titled Presenting: Advanced Leadership.
 - PowerPoint presentation titled Advanced Navigation.
 - Trainers' notes titled Presenting: Advanced Navigation.
 - Trainers' notes (Class activity) titled Route Planning.
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For training participants and individual leaders – Pack Carries

- Handbook: Pack Carries, as a PDF.
- Handbook: Advanced Leadership, as a PDF.
- Handbook: Advanced Navigation, as a PDF.
- Summary of Additional Information for Pack Carries, as a PDF.
- Targeted links to Bushwalking Manual online: Group selection and size; Practical planning considerations; Vehicle preparation; Necessary permits; Food drops; Equipment clothing; Route planning; Important checklist; Bush huts; Campsites; Group management; Navigation in difficult conditions; Choosing the emergency communication device; Personal locator beacons; Satellite phones; Emergency shelters; Helicopter rescues; Bushfire.
- Targeted link to St John WA Snake Bite First Aid | What to do.

End of the module

Key points

- Only lead a multi-day walk event if you have had experience as a leader of day walks and as a participant on multi-day events.
- Make your first event fairly simple, or go as a deputy for a more experienced leader on a larger event.
- Consider sharing the organisational load, particularly for a base camp, by having one person planning the walk(s) and another dealing with logistics such as accommodation, transport, and meals.
- All of the important points about planning, risk management, conducting the walk, etc., also apply to multi-day walks, but with extra considerations.